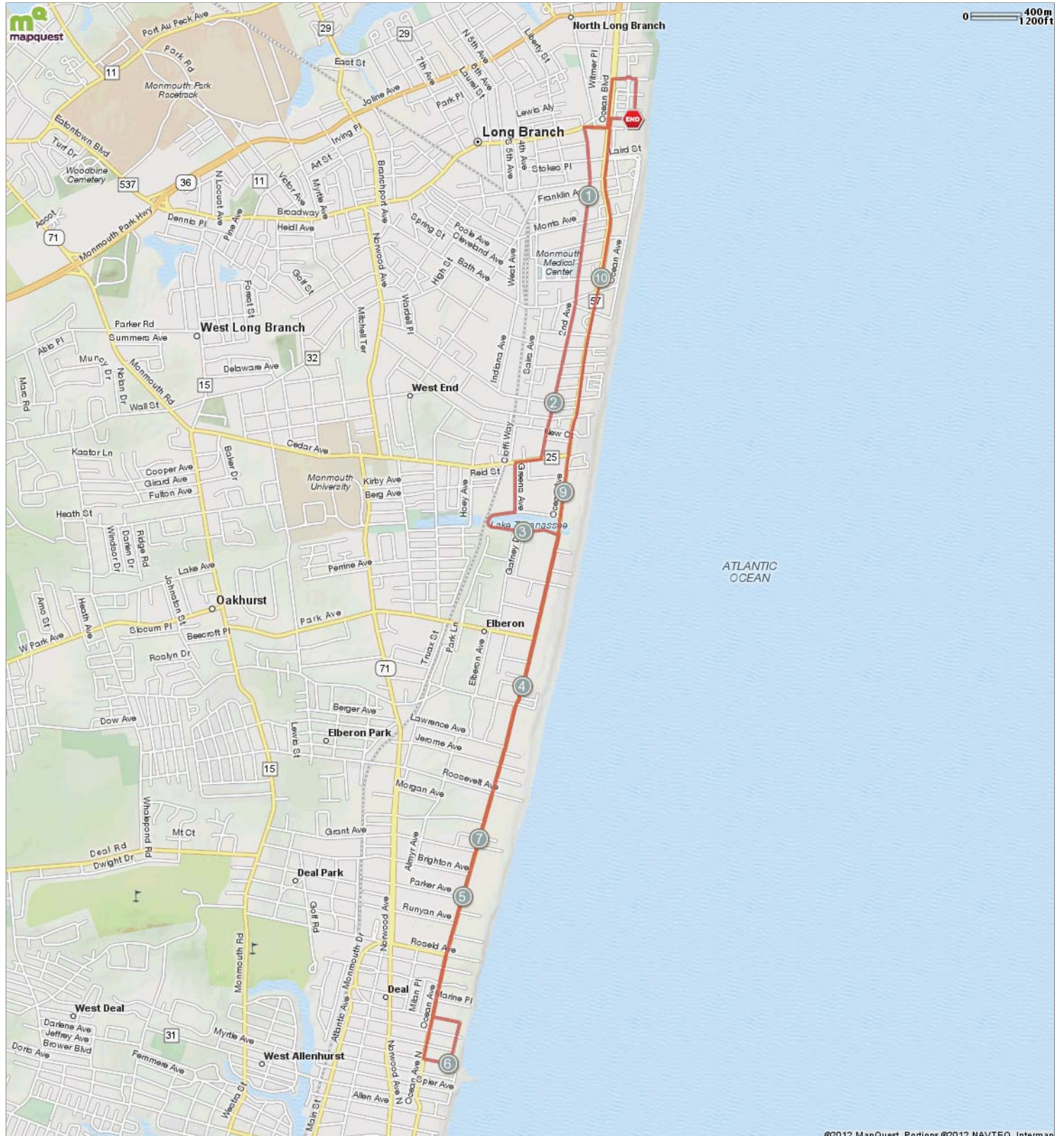


Long Branch Triathlons-2012

Starts In Long Branch, New Jersey

11.00 miles

Elevation: 75ft Max, 7ft Min | Ascent: +72ft, Descent: -69ft | Max Climb: < 3 %

















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Description

New Bike Route Long Branch Triathlon Series & Jersey Girl Triathlo

Long Branch Triathlons-2012

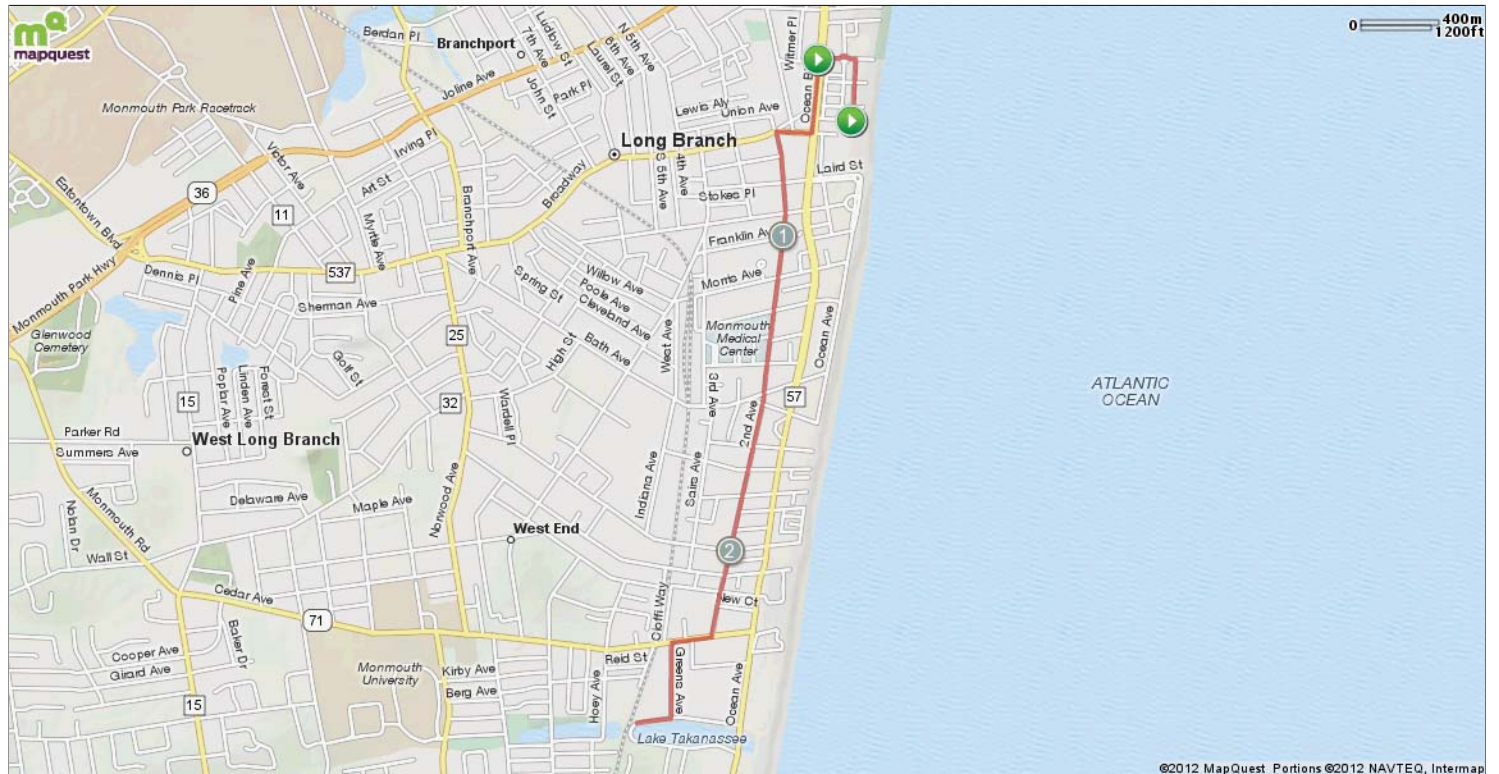
Starts In Long Branch, New Jersey

| Notes | | |
|----------|--|---|
| AT | FOR | NOTES |
| START |  11ft | Head west on Madison Ave toward McKinley St |
| 0 mi. |  1057ft | Turn right onto McKinley St |
| 0.2 mi. |  8ft | Turn left onto Cooper Ave |
| 0.2 mi. |  643ft | Head west on Cooper Ave |
| 0.33 mi. |  1289ft | Head south on Fay St/ Ocean Blvd toward Cooper Ave Continue to follow Ocean Blvd |
| 0.57 mi. |  14ft | Turn right onto S Broadway/ County Rd 537 W |
| 0.57 mi. |  580ft | Head west on S Broadway/ County Rd 537 W toward Long Branch Ave |
| 0.68 mi. |  1mi 3553ft | Head south on 2nd Ave toward Belmont Ave |
| 2.36 mi. |  666ft | Head west on Cedar Ave toward Wertheim Pl |
| 2.48 mi. |  645ft | Turn left onto Greens Ave |
| 2.6 mi. |  660ft | Head south on Greens Ave toward N Lake Dr |
| 2.73 mi. |  578ft | Turn right onto N Lake Dr |
| 2.84 mi. |  2105ft | Head southwest on N Lake Dr toward Elberon Ave |
| 3.24 mi. |  4021ft | Head south on Ocean Ave toward Plaza Ct |

| Notes | | |
|-----------|--|---|
| AT | FOR | NOTES |
| 4 mi. |  1mi 4849ft | Slight right to stay on Ocean Ave |
| 5.92 mi. |  678ft | Head east on Neptune Ave toward Monmouth Terrace |
| 6.05 mi. |  1100ft | Head north on Monmouth Terrace toward Sydney Ave |
| 6.25 mi. |  15ft | Continue straight onto Monmouth Dr |
| 6.26 mi. |  679ft | Head west on Monmouth Dr toward Ocean Ave |
| 6.39 mi. |  32ft | Head west on Monmouth Dr toward Ocean Ave |
| 6.39 mi. |  1mi 3343ft | Turn right onto Ocean Ave |
| 8.02 mi. |  1mi 337ft | Slight left to stay on Ocean Ave |
| 9.09 mi. |  1559ft | Head north on Ocean Ave toward Sternberger Ave |
| 9.38 mi. |  1753ft | Slight right to stay on Ocean Ave |
| 9.72 mi. |  5076ft | Head north on Ocean Blvd toward Avery Ave |
| 10.68 mi. |  1473ft | Head north on Ocean Blvd toward Laird St |
| 10.96 mi. |  4021ft | Head east on Madison Ave toward Hayes Street |

Long Branch Triathlons-2012

Starts In Long Branch, New Jersey

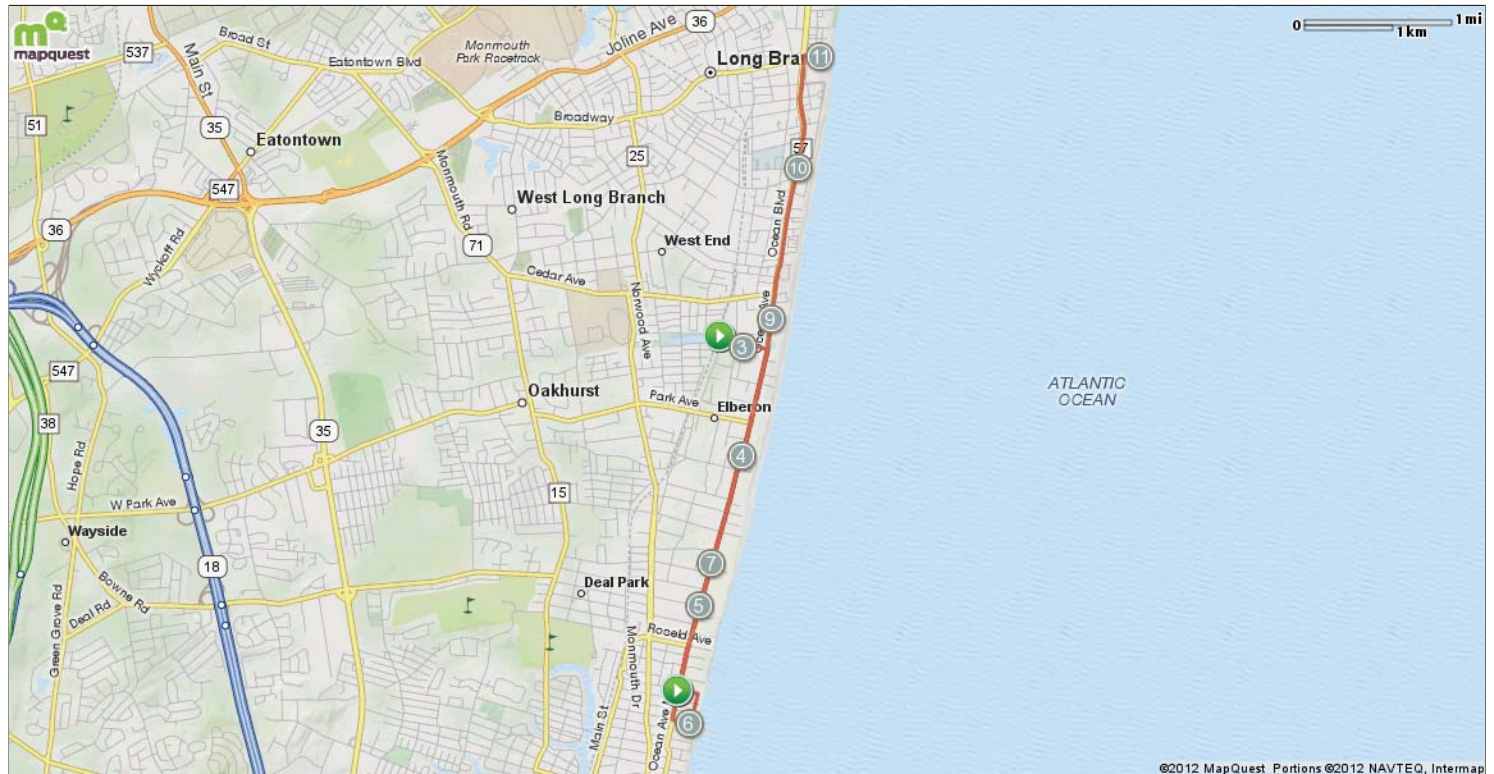


| Notes | | | |
|--|--------|---|--|
| AT | FOR | NOTES | |
| START | 11ft | Head west on Madison Ave toward McKinley St | |
| 0 mi. | 1057ft | Turn right onto McKinley St | |
| 0.2 mi. | 8ft | Turn left onto Cooper Ave | |
| 0.2 mi. | 643ft | Head west on Cooper Ave | |
| 0.33 mi. | 1289ft | Head south on Fay St/ Ocean Blvd toward Cooper Ave Continue to follow Ocean Blvd | |
| This segment shows 0.57 mi. (3,009 ft.) of your route. | | | |

| Notes | | | |
|---|------------|--|--|
| AT | FOR | NOTES | |
| 0.57 mi. | 14ft | Turn right onto S Broadway/ County Rd 537 W | |
| 0.57 mi. | 580ft | Head west on S Broadway/ County Rd 537 W toward Long Branch Ave | |
| 0.68 mi. | 1mi 3553ft | Head south on 2nd Ave toward Belmont Ave | |
| 2.36 mi. | 666ft | Head west on Cedar Ave toward Wertheim Pl | |
| 2.48 mi. | 645ft | Turn left onto Greens Ave | |
| 2.6 mi. | 660ft | Head south on Greens Ave toward N Lake Dr | |
| 2.73 mi. | 578ft | Turn right onto N Lake Dr | |
| 2.84 mi. | 2105ft | Head southwest on N Lake Dr toward Elberon Ave | |
| This segment shows 2.28 mi. (12,064 ft.) of your route. | | | |

Long Branch Triathlons-2012

Starts In Long Branch, New Jersey



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| Notes | | | |
|---|------------|---|--|
| AT | FOR | NOTES | |
| 3.24 mi. | 4021ft | Head south on Ocean Ave toward Plaza Ct | |
| 4 mi. | 1mi 4849ft | Slight right to stay on Ocean Ave | |
| 5.92 mi. | 678ft | Head east on Neptune Ave toward Monmouth Terrace | |
| 6.05 mi. | 1100ft | Head north on Monmouth Terrace toward Sydney Ave | |
| 6.25 mi. | 15ft | Continue straight onto Monmouth Dr | |
| 6.26 mi. | 679ft | Head west on Monmouth Dr toward Ocean Ave | |
| 6.39 mi. | 32ft | Head west on Monmouth Dr toward Ocean Ave | |
| This segment shows 3.55 mi. (18,761 ft.) of your route. | | | |

| Notes | | | |
|---|------------|---|--|
| AT | FOR | NOTES | |
| 6.39 mi. | 1mi 3343ft | Turn right onto Ocean Ave | |
| 8.02 mi. | 1mi 337ft | Slight left to stay on Ocean Ave | |
| 9.09 mi. | 1559ft | Head north on Ocean Ave toward Sternberger Ave | |
| 9.38 mi. | 1753ft | Slight right to stay on Ocean Ave | |
| 9.72 mi. | 5076ft | Head north on Ocean Blvd toward Avery Ave | |
| 10.68 mi. | 1473ft | Head north on Ocean Blvd toward Laird St | |
| 10.96 mi. | | Head east on Madison Ave toward Hayes Street | |
| This segment shows 4.68 mi. (24,712 ft.) of your route. | | | |